



## EWSD Child Nutrition K-8 Breakfast Menu

- We offer: VT Skim Milk  
 Skim Chocolate Milk  
 100% Fruit Juice

### Prices

Student	\$2.00
Adult	\$2.50

All products are made with whole grain  
 Assorted Fruit Offered daily

### Beverages (a la carte)

Milk	\$.75
Juice	\$.75

### Monday

- French Toast Sticks with Westford Tucker Maple Syrup
- Assorted Breakfast Bread

### Tuesday

- Bagel and Cream Cheese
- UBR Breakfast Round

### Wednesday

- Waffles with Westford Tucker Maple Syrup
- Fruit Smoothie with Granola

### Thursday

#### **Breakfast Sandwich:**

- Sausage and Cheese or
- Egg and Cheese on a Bagel
- UBR Breakfast Round

### Friday

- Apple Churro
- Assorted Breakfast Bread

### Offered Daily

- Yogurt Parfait with Berries and Granola
- Assorted Cereal with Fresh Fruit and VT Milk

### A La Carte Snacks - Offered Daily \$0.85

- Goldfish Crackers
- Nutri-Grain Bar