

tiny humans big emotions

WITH *Seed & Sew*

Alyssa Blask Campbell, Emotional Development Expert

In a world where social/emotional development is heavily focused on the social aspects, join me to help our tiny humans develop the emotional intelligence to have the confidence, communication, and processes to navigate their complex world and build resiliency.

JUNE 4TH 6-7:30PM

ESSEX ELEMENTARY CAFETERIA



Alyssa is a Vermonter, co-creator of the Collaborative Emotion Processing method, and has been featured as an expert in publications such as Kids VT and The Washington Post.