

EES SCHOOL NEWS

February 2, 2018

School Counseling News

National School Counseling Week is celebrated the week of February 5th!

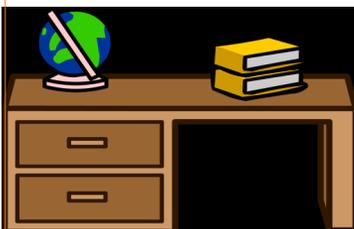
As school counselors, we know that sometimes what we do seems like a mystery to others. School Counseling week is all about sharing information about what we do, and as a part of this week we will be doing some fun activities with students and staff!



We love being school counselors! Our roles vary from providing individual counseling, small group support, and classroom guidance lessons to identifying outside resources for families. We are here for all students and families. Check out our website for more information about what we do!

Julie Cleary, Kim Horton
School Counselors

From the desk of Mr. Farrell

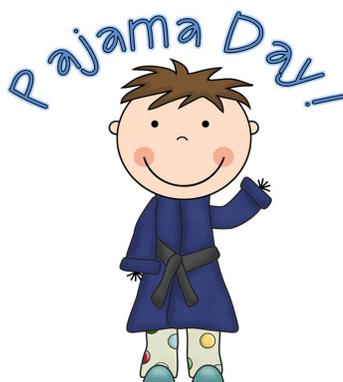


You may or may not be aware of a new phenomenon on Youtube known as “roasting”. This is not unlike the more traditional roasting made popular by celebrities and other notables, with the exception that the barbs are typically more pointed and often more vulgar. As is the case with most social media trends, we are finding this roasting creeping its way into our school community, particularly at the second grade level. Please take a moment to check in with your child to see if they have seen or participated in this activity, or if they have seen this on Youtube. As always, please also closely monitor your child’s screen time and choices. Our youngsters are seeing and hearing way more than they are developmentally capable of processing.

Upcoming Events

February 8th:
100th Day!

February 14th:
Valentine's Day!



February 23rd



February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8 100th Day!!	9	10
11	12	13	14 Valentine's Day	15	16	17
18	19	20	21	22	23 Pajama Day!	24
25	26 School Vacation	27 School Vacation	28 School Vacation	1 School Vacation	2 School Vacation	

School Vacation February 26th—March 2nd

Flu Information for Parents with Young Children

Flu is more dangerous than the common cold for children. Each year flu places a large burden on the health and well-being of children and their families. Annual influenza vaccination is the best method for preventing flu and its potentially severe complications in children.

What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



Please keep your child home if they show any signs of the flu. Also, please do not give them Tylenol or Ibuprofen prior to coming to school as it will mask the symptoms and they end up feeling really bad in the afternoon and will have exposed their whole class to whatever virus they have. I do have Tylenol and Ibuprofen at school for those students who do need it.

Please help me to keep your child as well as the rest of the students healthy,

Kimberly Bullock, BSN, RN

Celebrating World Read Aloud Day All Week at EES

This week the Learning Center was busy busting out its walls, figuratively speaking, as our K-2 classes made connections with other classrooms all around the country. As part of our celebrations for World Read Aloud Day our children participated in a global movement promoting literacy and stories. World Read Aloud Day officially happened February 1st, but EES spent the entire week celebrating.

World Read Aloud Day is the brainchild of Pam Allyn, a literacy educator and author, who founded LitWorld in 2007. Read more about the organization at this link: <http://www.litworld.org> What's the reasoning behind World Read Aloud Day? In LitWorld's own words, "We think everyone in the world should get to read and write. Every year, on World Read Aloud Day, people all around the globe read aloud together and share stories to advocate for literacy as a human right that belongs to all people."

We made twenty-two connections across the United States, including Wisconsin, Michigan, Texas, New York, Connecticut, Vermont, Massachusetts, South Carolina, Georgia, Maryland, New Jersey, Iowa, and Missouri. With each connection we screen-shared a map that showed our two locations and the distance between us. Our students read aloud with guest classes, taking turns reading the different parts. Mrs. Varricchione's class participated in a French/English reading of a book with kindergartners in Michigan. Some of the books we shared together were *Yo! Yes!* by Chris Raschka, *We Are in a Book!* by Mo Willems, *We're All Wonders* by R.J. Palacio, *You Are (Not) Small* by Anna Kang, *Peanut Butter and Cupcake* by Terry Border, and *Snowmen at Night* by Caralyn Buehner. We had a great time meeting children from somewhere else and sharing stories together! We discovered that we like many of the same books even though we live in different parts of the country, and some schools in warmer climates don't go out for recess if the temperature falls below 32 F!



Mrs. Yandell's class reading with 2nd graders in Sharon, Massachusetts

Photos, news, school closings and more ... follow the Essex Westford School District on social media!

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